

Innovative Short Breaks

...sharing approaches for successful partnership working

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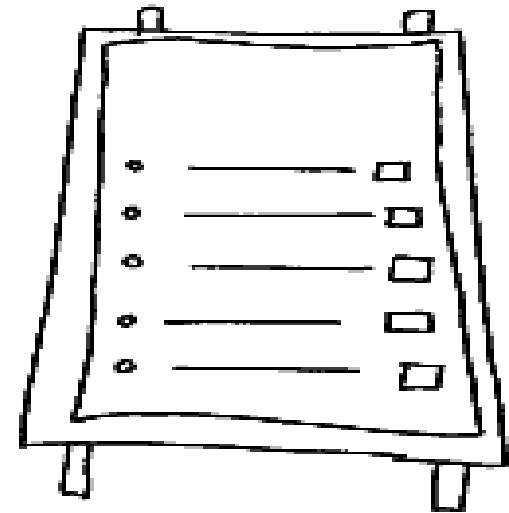
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Who we are.....?

- We are a not for profit national organisation, who support individuals with Learning Disabilities and Autism
- We provide innovative support solutions for adults, young people and children.
- We develop and deliver creative short break opportunities for children/young people and their families known as "Buddies".

Workshop Objectives

- To share our approach and raise awareness of working in partnership with children/young people and their families.
- Raise awareness of the benefits of using person centred tools.
- An opportunity to ask questions and share learning.



Celebrate a success story



What would the possible 5 key areas be to develop and deliver innovative short breaks for?

- A child/young person

1.
2.
3.
4.
5.

- A family member

1.
2.
3.
4.
5.



Buddies Experience

Childs View

- I just want to have fun
- Do exciting and new things
- Spend time with my friends
- Just talk to me
- I have an opinion too!

Families

- I want to be listened to and act on what is being said
- I want you to be open, honest and transparent
- I want us to develop a trusting relationship
- I need accessible, timely and accurate information
- The service is consistent and I have opportunities to meet staff

How do we work in partnership with children/young people and their families?

Example of One page profile

<p><u>What makes a good day /bad day</u></p> <ul style="list-style-type: none"> • Good nights sleep • No school • No routine • Planned activity cancelled 	<p><u>Like and admire</u></p> <ul style="list-style-type: none"> • Funny • Loving • Tactile • Good at cooking • Good sense of humour
<p><u>What's important to me as an individual ?</u></p> <ul style="list-style-type: none"> • To be listened to • To have a say • To be involved in my service • Dinner time • Give me time to process information 	<p><u>What people in my life need to do to support me?</u></p> <ul style="list-style-type: none"> • Encourage me • Support me with personal care • Remind me • Talk slowly and clearly • support me to take part in new things

How was it for you!

In your opinion what are the main benefits of using this tool when shaping short breaks for children to meet outcomes and gather information?

Your thoughts and views



Tools to monitor outcomes

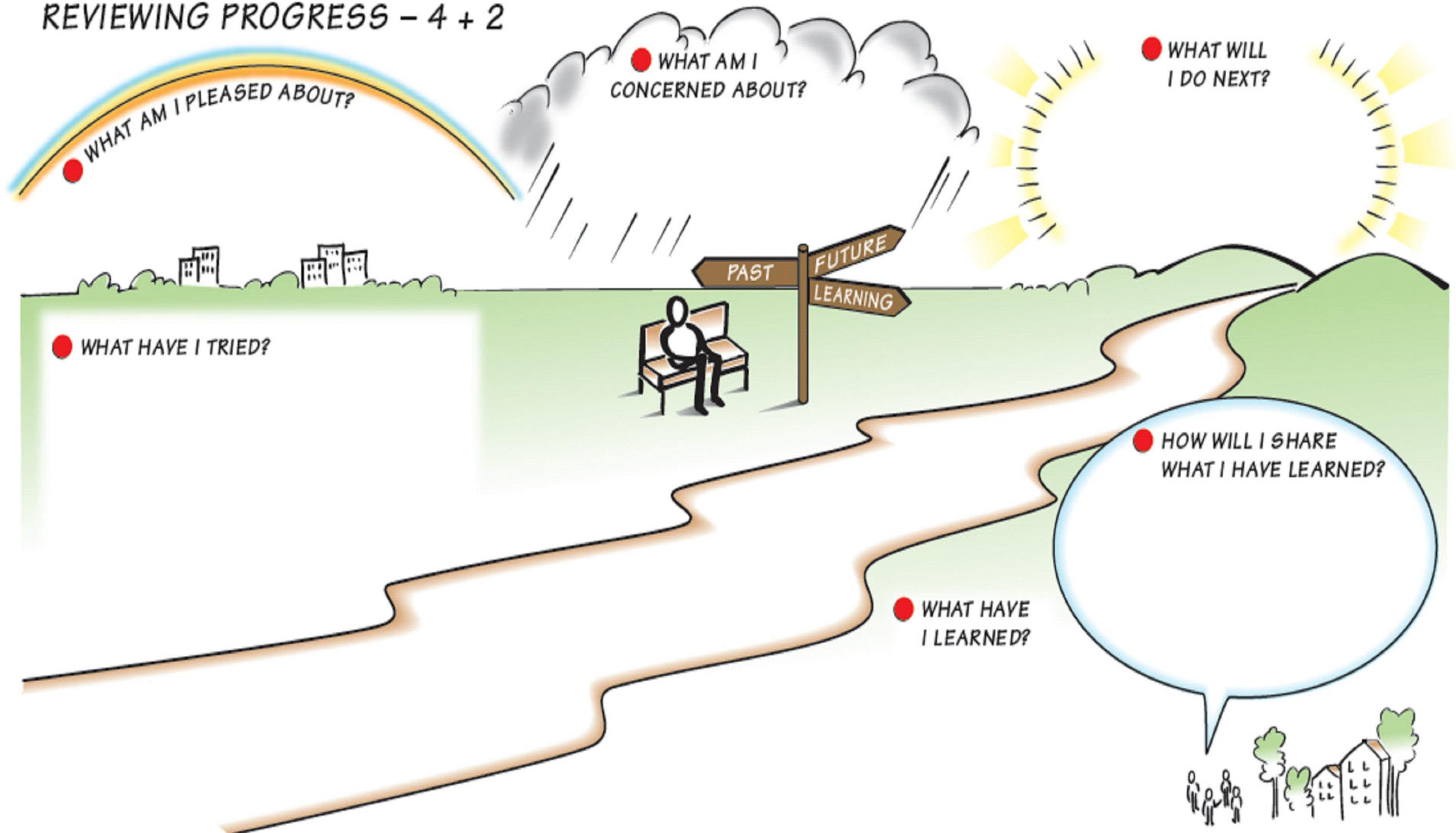
The 4+2 tool reviews the progress of an individual working towards reaching their desired outcomes.

We discuss the following questions together.

- What am I pleased about?
- What have I tried
- What am I concerned about?
- What will I do next?
- What have I learnt?
- How will I share what I have learnt?

4 + 2

REVIEWING PROGRESS – 4 + 2



Outcomes to be achieved	Week 2	Week 4	Week 6	Week 8
<p>1. Support H to engage with others in a more sociable manner i.e. not pushing in when waiting for activities</p> <p>2. Engage H in activities that will in turn aid rest for sleep</p> <p>3. Support H's family to have some 'me time'</p>	<ul style="list-style-type: none"> • Since H has been accessing the community she has been much more settled at home. • She has refrained from pushing other children over whilst waiting her turn for the slide. • H is sleeping better at night for the first time due to her being active during the afternoons. This gives me some time to rest 	<ul style="list-style-type: none"> • H is now able to wait her turn when playing games with her siblings and her peers. • She is noticeably more sociable and her attention span has increased. • She actively listens now to simple verbal instruction. 	<p>H will now have her hair washed without the fuss it used to cause. This is due to her Buddies making it into a game. So, making things happen through play is a real eye opener for me and the rest of the family.</p>	<ul style="list-style-type: none"> • H has gained so much more independence and learnt so many new skills during the 8 weeks of Buddies@Home. • The family have been able to have quality time together and my other children have been able to have some time on their own. • I do not want it to end.